REPORT OF THE CELEBRATION OF 5TH INTERNATIONAL DAY OF YOGA IN THE OFFICE OF THE DEVELOPMENT COMMISSIONER (HANDICRAFTS), WEST BLOCK NO. 7, R.K. PURAM SECTOR-1, NEW DELHI

Shri Deeptansu Haldar, Sr. Assistant Director(H) was nominated the Nodal Office for the event and under his guidance / supervision following events were successfully organized.:-

- Awareness Camp and demonstration has been organized on 18th June 2019 by Smt. Arunima Sinha, senior faculty From M/s Art of Living in the conference Hall, Office of the Development Commissioner (Handicrafts), New Delhi. All the officers / Staff of the office of DC (H) attended the same.
- 2. The Yoga Camp was organized in the National Handicrafts & Handloom Museum, Pragati Maidan, New Delhi from 7: 00 AM to 8:00 AM on 21.06.2019 where Senior Faculty, Smt. Arunima Sinha with two volunteers from M/s Art of Living, New Delhi demonstrated various Yoga Aashans. Officers / Staff of the office of the Development Commissioner (Handicrafts) along with Ministry of Textiles participated in the events.
- 3. Yoga Day at Stadium Madhubani Bihar, organized by Addl. DC(Handicrafts) & District Administration, Madhubani (400 artisans participated)
- 4. Similarly, all Regional offices organized Yoga Camp in the office premises on 21.06.2019.
- 5. The photographs of all programmes / event organized by this office as well as regional offices are attached herewith.



DISPLAY OF BANNER

Awareness Camp has been organized on 18th June 2019 and demonstrated various yoga aashans and exercise by Smt. Arunima Sinha, senior faculty, Art of Living







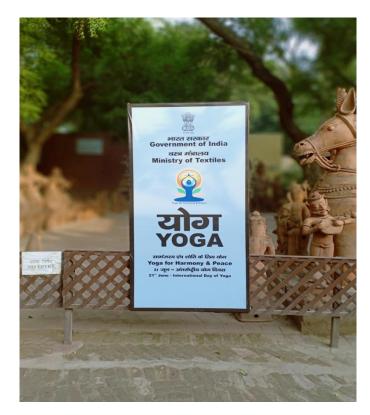






Celebration of Yoga Day at NHHM, Pragati Maidan, New Delhi on 21.06.2019









5th International Yoga Day 2019 at Stadium Madhubani, Bihar on 21.06.2019 Organized by Addl. Development Commissioner (Handicrafts) & District Administration, Madhubani (400 artisans participated)











Celebration of Yoga Day at Regional Offices and demonstrated various Yoga Aashans and exercises and the officers / staff followed and practiced.















